Arizona Nutrition Network

(Revised October 2008)

Teacher Time Documentation Form

(For in-school staff who provide **only** Direct nutrition education)

Name _____**School** _____ **Grade(s)** _____

Please Print

For month of:	**June**
Week Ending (mm/dd/yy):	Total Direct Hours:
06/1/11—06/3/11	
06/6/11—06/10/11	
06/13/11—06/17/11	
06/20/11—06/24/11	
06/27/11—06/30/11	
Total Hours:	

Note: Direct Hours includes time spent providing, preparing for, and traveling to and from nutrition education activities.

Number of Students:	

Note: Enter the number of students currently enrolled in your class.

Estimated Length of Sessions:	
Shortest:	
Longest:	

Note: Enter the shortest and longest amount of time spent on nutrition education

Please enter the *number of times* you taught the following nutrition/physical activity topics to your students this month:

#	Topic	#	Topic
	A – Fat Free & Low Fat Milk or Equivalent (and Alternative Calcium Sources)		J – Promote Healthy Weight
	B – Fats and Oils		K – Sodium & Potassium
	C – Fiber Rich Foods		L – Whole Grains
	D – Food Shopping / Preparation		M – Food Safety
	E – Fruits & Vegetables		N – Other – Breastfeeding
	F – Lean Meet & Beans		O – Other – Folic Acid
	G – Limit Added Sugars or Caloric Sweeteners		P – Other – All Content Areas
	H – MyPyramid – Healthy Eating Plan		Q – Hydration
	I – Physical Activity		

Note: Topics taught at separate times should each be counted separately. However, if two (2) or more topics are taught together they should be counted as MyPyramid. For example, if Fruits & Veggies are taught in one session and Whole Grains are taught in a separate session then these would each be counted once. If they were both taught together in the same session then it would be counted as MyPyramid.

_____

Employee Signature Date

_____

Supervisor Signature Date

Send Completed forms to: Cherilyn Yazzie 117 East Buffalo Street, Holbrook, AZ 86065 or Fax: (928) 524-4754
Email: Cherilyn.Yazzie@navajocountyaz.gov