

LEADERSHIP PLEDGE

I pledge to our organization, our employees, their families and our community to improve employee health and wellness by providing opportunities and resources for physical activity during the work week. I also pledge to enhance my own health and wellness by engaging in regular health-promoting physical activity.

NAME (PRINT) _____

SIGNATURE _____

Why you should sign the Leadership Pledge

- Your Employees Will Be Healthier
- Your Employees Will Be Happier and More Engaged
- Your Employees Will Be At Work More
- Your Organization Will Decrease Health Care Cost
- Your Organization Will Increase Productivity
- Your Organization Will Be Better Positioned to Recruit and Retain Top Talent
- Your Organization Will Be Publicly Recognized as Being Innovative